



# **Dobson Associates**

Human Performance Consultants

## 10 Most Common Human Factors that Cause Accidents

**Negligence**---Failure to observe basic safety rules of instructions or to maintain equipment.

**Anger/Temper**--Causes a person to become irrational and to disregard common sense.

**Hasty Decision**--Acting before thinking can lead people to make hazardous "Shortcuts."

**Indifference**--A lack of attention to the task; not alert; daydreaming.

**Distractions**--Interruptions by others perhaps caused by family troubles, bad news, horseplay while someone performs normal duties or no-routine hazardous tasks.

**Curiosity**—Workers do something unexpected just to see what will happen.

**Inadequate Instructions**--Results in an untrained or improperly trained worker.

**Poor Work Habits**--Cluttered floors / work areas, loose clothing, etc.

**Overconfidence**--Displayed by behavior that is too cocky, risk-taking, and macho.

**Lack of Planning**--Two or more people, each depending on the other to do something, and it doesn't get done.

**REMEMBER:** Accidents can interrupt not only our work but also our family fellowship times. Work Safely to Have a Fulfilling Life!

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